

# DESIGN FOR SPRING

## Find Your Perennial

Every season changes what you *do* — but some things about **who you are** survive every storm. What part of your work matters regardless of season? What's the bedrock beneath the products, tools, and strategies?

→ Write it in one sentence:

## Check Your Orientation

Right now, honestly — how are you meeting the storm? Circle where you are today *with no judgement*, just noticing. Then answer: **What's one thing that would shift my orientation... even slightly?**

Feels like...	I'm being <i>battered</i> by something	I'm fighting <i>for</i> something
My energy is...	Depleted	Full
I believe...	This storm will never end	This storm will pass

## Plant Yourself In Spring

It's five years from now. The storm has passed. You helped build something that mattered.

→ What did you build?

→ Who did you become in the storm?

→ What did you refuse to let die?

→ What did you let go of?